



## **Learning Agreement & contact information**

The Helping Children with Loss programme is an educational programme carried out by a Certified Grief Recovery Specialist (CGRS) in conjunction with Grief Recovery (UK) Ltd and The Grief Recovery Institute of Sherman Oaks, California USA.

The programme is a complete course that needs to be undertaken in its entirety - this is 4 sessions of approximately 2 hours.

It is essential for the programme to be effective that all sessions are attended and all assignments between sessions are carried out to the best of your ability. You will be given an assignment each week (except for the final session.) The assignments will involve reading and some written components and will take about 60 - 90 minutes each. If you anticipate difficulty with this aspect, please discuss this with your CGRS prior to starting work.

You will need a copy of the When Children Grieve Handbook, by John W James and Russell Friedman. If you do not already have a copy you can purchase one from me.

Please contact me as soon as possible if you can't attend a session for any reason. Notification within 2 working days of the appointment time will count as a missed session and will be charged for at £35

All sessions are completely confidential. There are certain exceptions under law as follows:

1. There is the risk of harm to self and/or to others.
2. The Terrorism Act (2000) requires that the CGRS disclose any belief of suspicion of acts of terrorism to the authorities.
3. The Drug Trafficking Act (1986) requires the CGRS to disclose to the police information of any individual making money through drug trafficking.
4. The Road Traffic Act (2000) requires the CGRS to provide information to the police that might identify a driver in a traffic offence. In addition, if a CGRS becomes aware that a client may be driving whilst unsafe (e.g. through epilepsy, medical condition, drug or alcohol abuse) the law requires the CGRS to pass this information to the DVLA.
5. If the CGRS receives a court order.



Where reasonably possible the CGRS will advise you of the need to disclose to the authorities should any of the above arise.

Should you need assistance with the assignments or need to rearrange an appointment you can reach Julie Shepherd at T; 07886088470 during these hours: 10am -7pm Mon-Sat or email Julie@heartbrokentohealed.co.uk

I have read and understood my responsibilities under this learning agreement.

I also understand that this programme is for my personal loss only and does not qualify me in any way to lead others through the Grief Recovery Method. (Please ask if you are interested in learning how to become a Certified Grief Recovery Specialist)

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Emergency contact name \_\_\_\_\_

Emergency contact Phone \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_